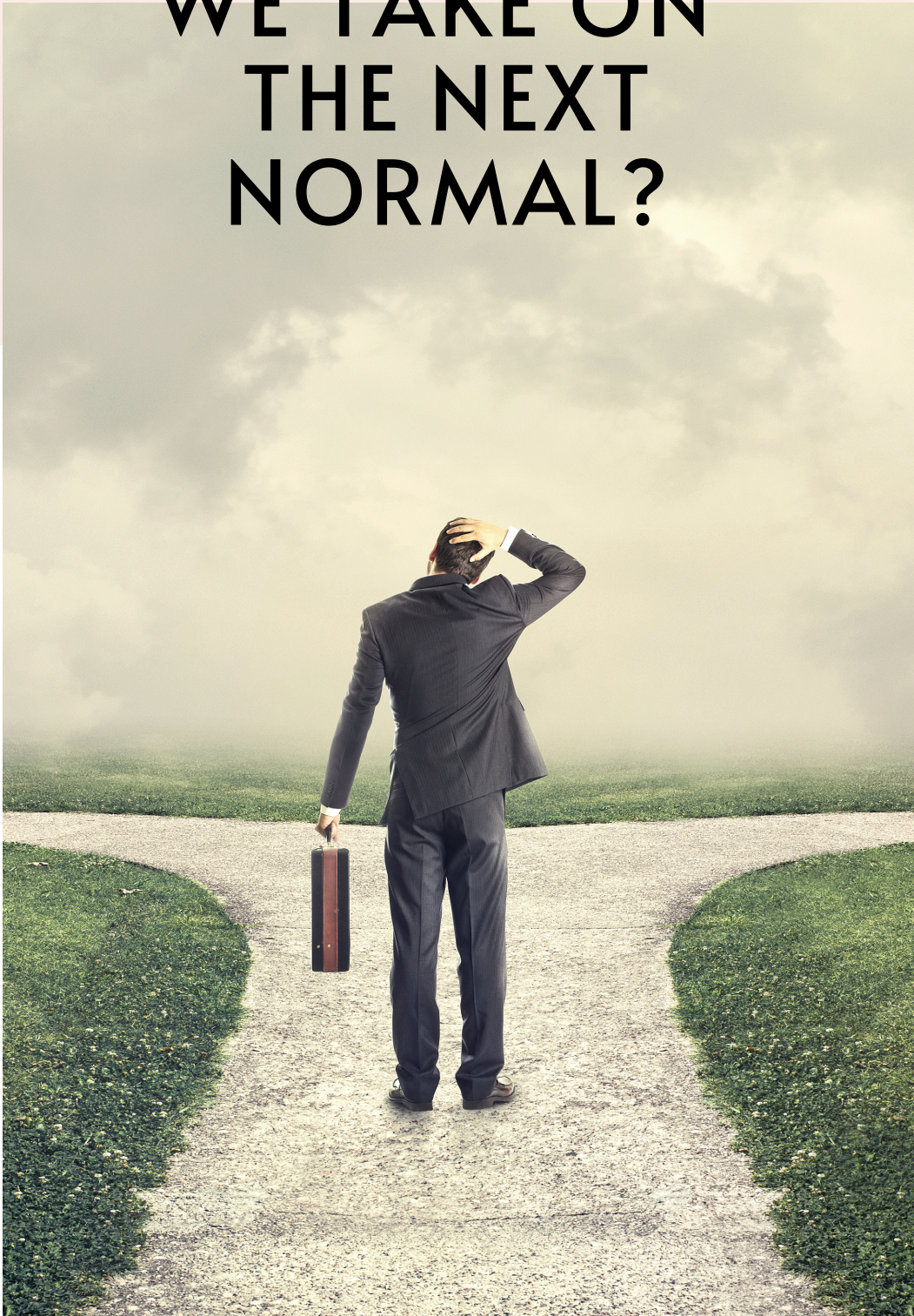


HOW CAN WE TAKE ON THE NEXT NORMAL?

INTRODUCTION: HOW CAN WE TAKE ON THE NEXT NORMAL?



INTRODUCTION

WHY IS IT SO HARD FOR US TO MOVE ON FROM "ONE NORMAL" TO A "NEXT NORMAL"?

SELF/TEAM-REFLECTION #1

HOW CAN WE TAKE ON THE NEXT NORMAL?

INTRODUCTION
SESSION 1/7

"SEE"
OBSERVER

+

"DO"
ACTIONS

=

"GET"
RESULTS

THIS EQUATION IS THE "NORMAL" WE GET INTO. MOST OF US WON'T QUESTION IT UNTIL A DISRUPTIVE SITUATION FORCES US TO DO SO...

SELF/TEAM REFLECTION #1

...SO, TO MOVE FORWARD FROM DISRUPTION, WE MUST STEP BACK AND FIRST, QUESTION WHAT'S CAUSING OUR "OLD NORMAL TO BREAKDOWN:

- "WHAT AM I SEEING/NOT SEEING ABOUT (_____)?"
- "WHAT ARE OTHERS SEEING/NOT SEEING ABOUT (_____)?"
- "HOW DOES IT LINK TO OUR DIFFERENT ACTIONS AND RESULTS?"

...THEN, EXPLORE WHAT MIGHT HELP BUILD OUR "NEXT NORMAL"

- "WHAT IS A NEW WAY WE CAN CHOOSE TO SEE (_____)?"
- "WHAT NEW DIFFERENT ACTIONS AND RESULTS BECOME POSSIBLE BECAUSE OF THAT?"

DELIVERED BY
KUIK SHIAO-YIN

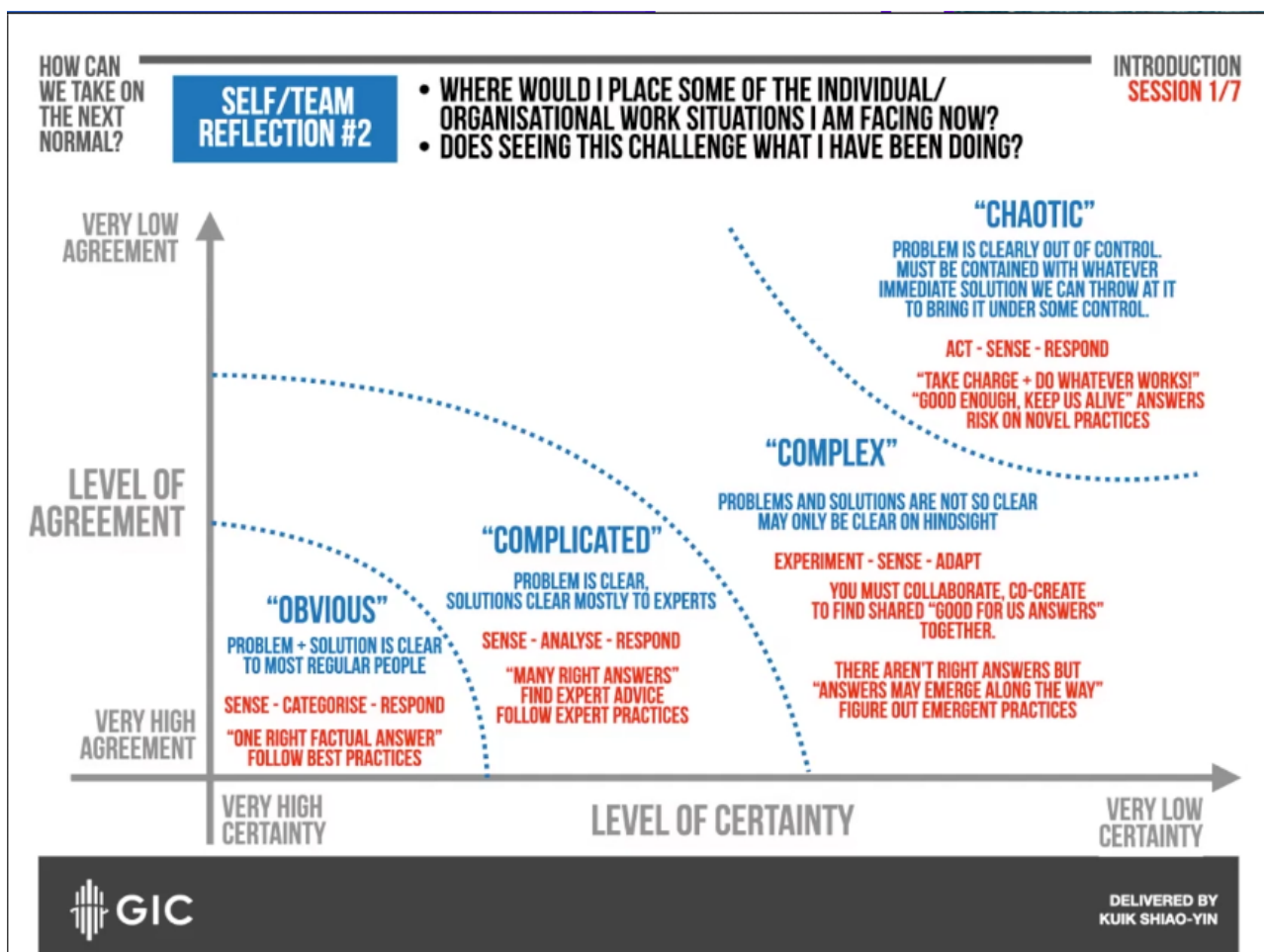
Consider an actual situation that you feel "stuck" in

- What/who are you focusing on in that situation? What/who are you not seeing?
- What/who are others focusing on in that situation? What/who are they not seeing?
- How does it link to the actions and results in the situation?
- What are some new ways you can choose to see the different elements or people in the situation? What new and different actions become possible because of the new perspective?

INTRODUCTION

WHY IS IT SO HARD FOR US TO MOVE ON FROM "ONE NORMAL" TO A "NEXT NORMAL"?

SELF/TEAM-REFLECTION #2



Consider an actual situation that you feel "stuck" in.
(Pick the same one from Reflection #1 if you like!)

- Where would I place some of the individual or organisational work situations I am facing now? Does seeing this challenge what I have been doing?
- Have I been responding appropriately according to the situation I am in?